



I pledge...

...to help save energy in my daily life. I know that even minor actions, like turning off unnecessary lights and unplugging electronics, make a big impact on energy bills and the planet. I pledge to save energy by taking energy action every day.

Name _____

Date _____

MY ENERGY ACTION PLAN

- Turn off lights when leaving a room
- Use natural daylight instead of turning on lamps or light switches whenever possible
- Adjust power settings on computers and turn off computers and monitors after using them
- Unplug electronics and phone chargers from outlets when not in use
- Dress appropriately for the season and wear layers to adjust for inside heating and cooling
- Print only when necessary and on both sides of the paper
- Carpool or take public transportation instead of driving alone
- Carry reusable grocery bags for shopping
- Reduce the number of things I buy, then be sure to reuse, recycle or compost those items when I'm done
- Limit the amount of hot water I use
- Turn off the faucet while brushing my teeth
- Carry a refillable water bottle instead of buying bottled water
- Grow plants to help keep the air clean
- Recycle electronics and batteries rather than throwing them in the trash and sending them to landfills
- Walk or ride my bike instead of driving
- OTHER _____

Want more energy action ideas?
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